RC Competes

2025 HSP SIDELINE-TIMEOUT FREESTYLE

You choose your best sideline timeout material that must include at least two of the following (Dance, Cheer, Stunts, Tumbling). It may include all four if you so choose. This is a category meant to be fun where you put your best crowd-leading and entertaining material on the floor. Judges will award points in all captions.



revised 06/18/2024 ©

		Checked Box Denotes Superior Performance				Total Team Members =		
		Boxes are only checked whe	en skil	I was done in a superior way				
		S	CO	RING CATEGORIES			RATING	TOTALS
	СНО	REOGRAPHY						
		Combinations		Dynamics		Routine Flow		
		Continuity		Level Changes		Transitions	Superior 22 25	
		Continuity of Genres		Musical Interpretation		Visual Effects	Superior 22 – 25 Excellent 18 – 21	
		Creativity		Originality			Outstanding 13 – 17 Below 0 – 12	
	Variety of Technical Movements associated with the Genres Performed							
	сом	MENTS						
								25
	DIFF	ICULTY						
	lf app	plicable to the Routine					Superior 22 – 25	
		Difficulty of Cheers		Difficulty of Stunts			Excellent 18 – 21	
		Difficulty of Stunts		Difficulty of Tumbling			Outstanding 13 – 17 Below 0 – 12	
		Adv Level and Extended Level		Beginning Two Foot Prep & Below		Interm Level Prep Level		
	сом	MENTS						
								25
	EXEC	CUTION						
		Completion of Moves		Sharpness		Technique	Superior 22 – 25	
		Pom Work (if applicable)		Spacing		Timing/Unison	Excellent 18 – 21 Outstanding 13 – 17	
		Precision		Squad Unity		Transitions	Below 0 – 12	
	сом	MENTS						
								25
	CROWD LEADING OVERALL IMPRESSION							
		Audience Appeal		Flow of Transitions		Posture	Superior 22 – 25	
		Energy		Incorporation of		Projection/Pitch	Excellent 18 – 21	
		Eye Contact/Confidence		Specialities		Use of Squad	Outstanding 13 – 17 Below 0 – 12	
		Facial Expressions				Visual Effects		
	сом	MENTS						
								25
* See GENERAL RULES for SHOWCASING information.						Showcasing	Deduction (if applicable)	
Judge's Signature								
Tabulator's Initials							SUB SCORE	0