## RC Competes 2025 HSP JUMPS, TUMBLING & DANCE - SHOW



revised 11/21/2024 ©

## Total Team Members =

All categories are based on MAJORITY 50% or more of the team =

DIFFICULTY EXECUTIO	IN TOTALS								
BEGINNING = 1 pt. √+ Den	otes Superior Performance								
Single Jump $\checkmark + \checkmark  \checkmark -$	notes Improvement Needed								
INTERMEDIATE = 2 pts.									
Double Toe Touch									
Double Toe Touch Proper Technique   ADVANCED = 3 pts. Synchronization									
Two Consecutive with Variety									
COMMENTS 3	4 7								
* Must do Running Tumbling AND Standing Tumbling to get your difficulty max.									
** If you have skills from multiple levels, the lowest point value will be awarded when the skill is at the same time	and in the same phrase.								
	otes Superior Performance								
□ Round Off with One or More Consecutive Tumbling Skills √- Der	notes Improvement Needed								
Two or More Consecutive Skills that start with a									
□ Running/Forward Motion (see general rules for running tumbling definition)									
*** Back Handsprings NOT allowed in Beginning									
INTERMEDIATE = 4 pts.									
Running Back Handspring									
Running Multiple Back Handsprings									
INTERMEDIATE = 4 pts.     Image: Display black of the sector of the sect									
Running Tumbling into Tuck									
Running Tumbling into Layout									
Running Tumbling into Full									
Cartwheel into Tuck/Full									
COMMENTS 5									
<b>3</b>									
BEGINNING = 3 pts. EXECUTION	atos Superior Derformance								
	otes Superior Performance notes Improvement Needed								
□ Walkovers	otes improvement needed								
INTERMEDIATE = 4 pts.									
Back Handsprings									
9 9 ADVANCED = 5 pts. Image: Proper Technique									
Side Aerial   Synchronization									
Solution Synchronization									
Handsprings into Tuck									
Handsprings into Full									
	0 40								
COMMENTS 5	8 18								

	DANCE		√+	√-				
Щ	Change of Pace				Body Placement			
	Creativity				Sharpness			
DANCE	Level Change and Two or More Formations				Synchronization			
DA					Technique			
	COMMENTS	2				3	5	
	OVERALL IMPRESSION OF JUMPS, TUMBLING & DANCE							
OVERALL	*Routine goes above and beyond* (Examples, but not limited too: Visuals, Using whole team of athletes vs majority, Using extra skills on top of majority difficulty skills, Use of specialty skills, exceptional athleticism, executes more skills than minimum required to max out difficulty score <b>using skills allowed in level entered</b> .)							
	COMMENTS							
)							5	
* See GENERAL RULES for SHOWCASING information. Showcasing Deduction (if applicable				olicable)				
Judge's	Signature							
Tabulat	Tabulator(s)		ORE					
							35	