## 2025 JR HIGH/MIDDLE JUMPS, TUMBLING & DANCE - SHOW



revised 11/21/2024 ©

## **Total Team Members =**

All categories are based on MAJORITY 50% or more of the team =

DIFFICULTY			EXECUTION									
JUMPS	STANDARD = 1 pt.  Single Toe Touch  ELITE = 2 pts.  Double Toe Touch Two Consecutive with Variety  COMMENTS	2	√+ □ □	<b>√-</b> □ □	Form and Height Proper Technique Synchronization	√+ Denotes Superior Peri √− Denotes Improvemen		5				
* Must do Running Tumbling AND Standing Tumbling to get your difficulty max.  ** If you have skills from multiple levels, the lowest point value will be awarded when the skill is at the same time and in the same phrase.												
GROUP RUNNING TUMBLING	STANDARD = 1 pt.  Running Cartwheel Roundoff  INTERMEDIATE = 2 pts. Running Back Handspring(s)  ADVANCED = 3 pts. Running Tumbling into Tuck Cartwheel into Tuck Roundoff Tuck SUPERIOR = 4 pts. Running Tumbling into Layout  ELITE = 5 pts. Running Tumbling into Full Cartwheel into Full Cartwheel into Full COMMENTS	5		<b>CU1</b> √-  □  □  □	Perfection of Skill Proper Form Proper Technique Synchronization	✓+ Denotes Superior Peri ✓- Denotes Improvemen						
GROUP STANDING TUMBLING	STANDARD = 1 pt.  Back Walkover Standing Cartwheel  INTERMEDIATE = 2 pts. Standing Back Handspring(s)  ADVANCED = 3 pts. Standing Tumbling into Tuck Standing Tuck  Superior = 4 pts. Standing Tumbling into Layout Toe Touch Tuck  ELITE = 5 pts. Standing Tumbling into Full Standing Full  COMMENTS	5	<pre></pre>	<b>CU</b> 1	Perfection of Skill Proper Form Proper Technique Synchronization	√+ Denotes Superior Peri √− Denotes Improvemen		20				

	DANCE		√+ √ <b>-</b>							
DANCE	☐ Change of Pace				Body Placement					
	☐ Creativity				Sharpness					
	☐ Level Change and Two or More Formations				Synchronization					
					Technique					
	COMMENTS	2				3	5			
	OVERALL IMPRESSION OF JUMPS, TUMBLING & DANCE									
OVERALL	*Routine goes above and beyond* (Examples, but not limited too: Visuals, Using whole team of athletes vs majority, Using extra skills on top of majority difficulty skills, Use of specialty skills, exceptional athleticism, executes more skills than minimum required to max out difficulty score)									
$\overline{S}$	COMMENTS									
•										
Judge's Signature										
Tabulator(s)					SUB SC	CORE				